DIY GUIDE

Our range of step-by-step guides for a more energy efficient home

the Environment Centre (tec)

Lining curtains

Try using low cost fabric to thicken your curtains. The layers of material act as insulation by trapping the air inside the gaps. You can buy fabric easily online or from a haberdashery.







1. Measure the width and drop of your curtains, then cut a piece of lining fabric a few centimetres smaller than those measurements. You might need to join two pieces of fabric together.

2. Get sewing! Either use a sewing machine or needle and thread to sew a hem approximately 1cm from the bottom edge of the lining fabric.

3. Measure and cut a piece of rufflette tape the same width as your lining, plus an extra 6cm in order to fold over the raw edges at either end.

4. Pin the rufflette tape to the top of the lining fabric to fix it in place, then sew the fabric together along the top and bottom edges of the tape.

5. Pull the strings to scrunch up the rufflette tape so it becomes the same width as your curtain.

6. Insert standard curtain hooks at regular intervals along your ruflette tape. Then, place your lining so it is facing the inside of your curtain, and use the same hooks to hang the lining onto the curtain's ruflette tape.

Things you will need...

- Thermally-coated lining material
  You can buy this from fabric shops or online retailers for around £4/m
- Rufflette tape
- Cotton
- Tape measure
- Fabric scissors
- Pins
- A sewing machine (or a needle)
- Curtain hooks