Do you have damp and mould in your home?

the Environment Centre (*tec*)

Answer the questions below to learn how to get rid of it for good.

Where is the mould?

Wall

Is it a ground floor wall with a defined 'tidemark'?

- **Yes** → It might be caused by rising damp. See overleaf for more information.
- **No** → **Are there distinct patches of damp that get worse when it's rained?**
  - **Yes** → There could be a leak where rain water is getting in. See overleaf for more information.
  - **No** → You might need to adjust the way you heat and ventilate your home. See overleaf for our top tips.

Kitchen or bathroom

Has it developed near taps and/or pipes?

- **Yes** → There could be a fault with your plumbing. See overleaf for more information.
- **No** → **Have you tried cleaning it off with bleach?**
  - **Yes** → You might need to adjust the way you heat and ventilate your home. See overleaf for our top tips.
  - **No** → Bleach can remove some types of mould. See overleaf to learn how to do this safely.

Heating and ventilating your home

A few changes to your daily habits could help keep damp and mould under control.

- Keep your home's temperature between 18°C and 21°C if you can.
- Open bathroom and kitchen windows after showering, bathing and cooking.
- Pull furniture away from walls to allow air to flow.
- Open a window if you need to dry laundry indoors.

Contact us to find out if you're eligible for a home improvement grant!

Rising damp

This type of damage might require a trusted trader to assess your property's damp proof course. Our advice is impartial and we can help you find a reputable trader.

Rain water leaks

If water is getting in where it shouldn't, you might need to fix a part of your building. But don't worry, we're here to help.

Plumbing faults

Mould that forms around taps and wet areas could be due to a damaged pipe or seal. Let us know if you'd like help finding a qualified plumber.

Using bleach to remove mould

For dark spots of mould in wet areas, try soaking a sheet of kitchen roll in bleach and leaving it covering the mould overnight. Remember to wear gloves and follow the guidelines on the bottle.

For free, tailored advice on managing damp and mould, contact the Environment Centre (tEC) on 0800 804 8601 or enquiries@environmentcentre.com

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